TIDES PLUS

by Ed Bitzer

for Lavallette Beach @ 39°58.2'N 74°04.0'W

For March 2017 Time (Eastern Standard Time) and Height (feet)

| DATE | L | HIGH | | | | SUN | MOON | |
|---------|--------------------------------|----------------|---------|--------------------------|---------|-----|---------------|------|
| | AM | PM | AM | | PM | | Rise Set | |
| | | | | | | | | |
| 03/01 W | 03:06am -0.0 | 6 03:24pm -0.6 | 09:05am | 4.9 | 09:29pm | 4.9 | 6:31am/5:48pm | |
| 03/02 T | 03:53am -0.4 | 4 04:07pm -0.5 | 09:57am | 4.7 | 10:21pm | 4.8 | 6:29am/5:49pm | |
| 03/03 F | 04:44am -0.2 | 2 04:56pm -0.3 | 10:52am | 4.4 | 11:17pm | 4.8 | 6:28am/5:50pm | |
| 03/04 S | 05:45am 0.3 | 1 05:55pm 0.0 | 11:51am | 4.2 | | | 6:26am/5:51pm | |
| 03/05 S | 06:57am 0.3 | 2 07:06pm 0.2 | 12:16am | 4.7 | 12:52pm | 4.0 | 6:25am/5:52pm | |
| | | | | | | | | |
| 03/06 M | 08:09am 0.3 | 2 08:17pm 0.2 | 01:17am | 4.6 | 01:55pm | 4.0 | 6:23am/5:53pm | |
| 03/07 T | 09:14am 0.3 | 1 09:22pm 0.1 | 02:22am | 4.5 | 03:02pm | 4.0 | 6:22am/5:54pm | |
| 03/08 W | 10:12am -0. | | 03:29am | 4.6 | 04:07pm | 4.2 | 6:20am/5:55pm | |
| 03/09 T | 11:04am -0. | 3 11:14pm -0.3 | 04:32am | 4.7 | 05:05pm | 4.5 | 6:18am/5:57pm | |
| 03/10 F | 11:53am -0. | 5 | 05:26am | 4.9 | 05:56pm | 4.7 | 6:17am/5:58pm | |
| 03/11 S | 12:04am -0.4 | 4 12:39pm -0.6 | 06:14am | 5.0 | 06:42pm | 4.9 | 6:15am/5:59pm | |
| Da | Daylight Saving Time in effect | | | 2:00 am tomorrow morning | | | | |
| 03/12 S | 12:52am -0. | 5 02:22pm -0.6 | 07:58am | 5.0 | 08:24pm | 5.0 | 7:14am/7:00pm | Full |
| | | | | | | | | |
| 03/13 M | 02:37am -0. | | 08:40am | 4.9 | 09:06pm | 4.9 | 7:12am/7:01pm | |
| 03/14 T | 03:19am -0.4 | | 09:21am | 4.7 | 09:47pm | 4.8 | 7:10am/7:02pm | |
| 03/15 W | 03:59am -0. | | 10:02am | 4.4 | 10:28pm | 4.6 | 7:09am/7:03pm | |
| 03/16 T | 04:37am 0.0 | | 10:45am | 4.1 | 11:10pm | 4.4 | 7:07am/7:04pm | |
| 03/17 F | 05:16am 0.3 | 3 05:22pm 0.5 | 11:29am | 4.0 | 11:52pm | 4.2 | 7:05am/7:05pm | |
| 03/18 S | 05:58am 0. | 6 05:59pm 0.7 | | | 12:15pm | 3.7 | 7:04am/7:06pm | |
| 03/19 S | 06:48am 0. | 7 06:47pm 0.9 | 12:36am | 4.0 | 01:02pm | 3.5 | 7:02am/7:07pm | |
| | | | | | | | | |
| 03/20 M | 07:50am 0.9 | | 01:23am | 4.0 | 01:52pm | 3.4 | 7:00am/7:08pm | |
| 03/21 T | 08:57am 0.9 | | 02:13am | 3.9 | 02:46pm | 3.4 | 6:59am/7:09pm | |
| 03/22 W | 09:56am 0. | | 03:09am | 4.0 | 03:45pm | 3.5 | 6:57am/7:11pm | |
| 03/23 T | 10:47am 0. | | 04:08am | 4.0 | 04:43pm | 3.8 | 6:55am/7:12pm | |
| 03/24 F | 11:35am 0.3 | 2 11:51pm 0.3 | 05:06am | 4.3 | 05:37pm | 4.0 | 6:54am/7:13pm | |
| 03/25 S | | 12:20pm -0.1 | 05:58am | 4.6 | 06:24pm | 4.4 | 6:52am/7:14pm | |
| 03/26 S | 12:40am -0. | 1 01:05pm -0.4 | 06:44am | 4.9 | 07:08pm | 4.8 | 6:50am/7:15pm | |
| | | | | | | | | |
| 03/27 M | 01:29am -0. | | 07:29am | 5.1 | 07:50pm | 5.2 | 6:49am/7:16pm | |
| 03/28 T | 02:17am -0.0 | - | 08:13am | 5.2 | 08:33pm | 5.3 | 6:47am/7:17pm | New |
| 03/29 W | 03:05am -0.0 | - | 08:59am | 5.2 | 09:19pm | 5.4 | 6:46am/7:18pm | |
| 03/30 T | 03:52am -0.0 | - | 09:49am | 5.0 | 10:09pm | 5.3 | 6:44am/7:19pm | |
| 03/31 F | 04:41am -0.0 | 6 04:49pm -0.5 | 10:43am | 4.8 | 11:03pm | 5.2 | 6:42am/7:20pm | |
| | | | | | | | | |