

# TIDES PLUS

by Ed Bitzer

for Lavallette Beach

@ 39°58.2'N 74°04.0'W

For August 2019  
Time (Daylight Saving Time) and Height (feet)

DATE		LOW		HIGH		SUN		MOON			
		AM	PM	AM	PM	Rise	Set				
08/01	T	02:16am	-0.5	02:18pm	-0.4	08:09am	4.9	08:24pm	5.8	5:53am/8:12pm	New
08/02	F	03:06am	-0.6	03:11pm	-0.5	09:01am	5.1	09:15pm	5.8	5:54am/8:11pm	
08/03	S	03:53am	-0.7	04:03pm	-0.4	09:55am	5.2	10:09pm	5.6	5:55am/8:10pm	
08/04	S	04:40am	-0.6	04:55pm	-0.3	10:50am	5.2	11:04pm	5.3	5:56am/8:09pm	
08/05	M	05:28am	-0.5	05:50pm	0.0	11:46am	5.2			5:57am/8:07pm	
08/06	T	06:19am	-0.2	06:51pm	0.3	12:00am	5.1	12:41pm	5.2	5:58am/8:06pm	
08/07	W	07:15am	0.1	07:58pm	0.5	12:56am	4.7	01:36pm	5.1	5:59am/8:05pm	
08/08	T	08:16am	0.3	09:05pm	0.6	01:52am	4.4	02:30pm	5.0	6:00am/8:04pm	
08/09	F	09:17am	0.5	10:07pm	0.6	02:49am	4.1	03:26pm	4.9	6:01am/8:03pm	
08/10	S	10:13am	0.6	11:01pm	0.5	03:50am	4.0	04:24pm	4.9	6:02am/8:01pm	
08/11	S	11:05am	0.6	11:51pm	0.4	04:52am	4.0	05:20pm	4.9	6:03am/8:00pm	
08/12	M	11:54am	0.6			05:49am	4.0	06:11pm	5.0	6:04am/7:59pm	
08/13	T	12:38am	0.3	12:41pm	0.5	06:39am	4.2	06:57pm	5.0	6:05am/7:57pm	
08/14	W	01:22am	0.2	01:26pm	0.5	07:23am	4.3	07:38pm	5.1	6:06am/7:56pm	
08/15	T	02:03am	0.1	02:09pm	0.5	08:05am	4.4	08:17pm	5.1	6:07am/7:55pm	Full
08/16	F	02:42am	0.1	02:50pm	0.5	08:44am	4.4	08:55pm	5.0	6:08am/7:53pm	
08/17	S	03:19am	0.1	03:29pm	0.5	09:22am	4.4	09:32pm	4.8	6:09am/7:52pm	
08/18	S	03:53am	0.2	04:06pm	0.6	09:59am	4.3	10:09pm	4.6	6:10am/7:50pm	
08/19	M	04:25am	0.3	04:42pm	0.7	10:36am	4.3	10:47pm	4.3	6:11am/7:49pm	
08/20	T	04:55am	0.5	05:19pm	0.9	11:13am	4.3	11:26pm	4.1	6:12am/7:48pm	
08/21	W	05:26am	0.6	06:00pm	1.0	11:50am	4.3			6:13am/7:46pm	
08/22	T	06:01am	0.7	06:54pm	1.2	12:10am	4.0	12:32pm	4.3	6:14am/7:45pm	
08/23	F	06:48am	0.8	08:08pm	1.2	12:58am	3.9	01:19pm	4.4	6:14am/7:43pm	
08/24	S	07:55am	0.9	09:19pm	1.0	01:52am	3.8	02:13pm	4.5	6:15am/7:42pm	
08/25	S	09:09am	0.8	10:21pm	0.7	02:53am	3.8	03:14pm	4.7	6:16am/7:40pm	
08/26	M	10:15am	0.6	11:17pm	0.4	03:59am	4.0	04:21pm	5.0	6:17am/7:39pm	
08/27	T	11:14am	0.3			05:05am	4.2	05:25pm	5.2	6:18am/7:37pm	
08/28	W	12:10am	0.0	12:11pm	0.0	06:05am	4.6	06:23pm	5.6	6:19am/7:35pm	
08/29	T	01:02am	-0.3	01:07pm	-0.3	06:59am	5.0	07:16pm	5.8	6:20am/7:34pm	
08/30	F	01:52am	-0.6	02:02pm	-0.6	07:50am	5.2	08:06pm	5.9	6:21am/7:32pm	New
08/31	S	02:41am	-0.7	02:55pm	-0.6	08:40am	5.4	08:56pm	5.8	6:22am/7:31pm	