

L.B.P. 5k Run/Walk

Bay Boulevard & West Point Island

Lavallette, NJ

Wednesday, July 15, 2015



Coordinated by the
Lavallette Beach Patrol

Event: 5k (3.1 mile) run along the bay in the town of Lavallette.

Registration/Check-in: 5:30pm - 6:45pm

- **Where:** Lavallette Fire House Parking Lot(Philadelphia Ave and Bay Blvd)
- **You may register the day of the run but will not be guaranteed a t-shirt. Additional t-shirts CAN NOT be ordered.**
- **All competitors (or Parent/Guardian if under 18) must sign a liability release form at the time of event registration/check-in on day of the race.**

Race Start: 7:00 pm

Course: Along scenic Bay Boulevard and West on to West Point Island. (A course of the map is on the reverse side of the page.) Please no skates, boards, blades, scooters, bikes or pets.

Fee(s): \$15.00 – Pre-registration (**Must be received by July 11th, 2015**)
\$20.00 – Day of Run

Awards: Top 3 Male and Top 3 Female Lifeguards
Top 3 Male and Top 3 Female Overall
Top 3 Male and Female in Age Group
(14/Under, 15-29, 30-39, 40-49, 50-59, 60/Over)

Finish: Electronic Chip Timing will be provided by Prestige Athletics

Light Refreshments: Light refreshments will be served immediately after the run.

Registration contact and address: Bob Tormollan,
Lavallette Beach Patrol, Municipal Building
1306 Grand Central Avenue, Lavallette, NJ 08735
Phone: 732 793 2566 (Beach Headquarters)
Email: [beach@ Lavallette.org](mailto:beach@Lavallette.org).

Directions: Garden State Parkway to Exit 82 (Seaside Heights), Continue on Route 37 East over the bridge. Keep towards the left onto Route 35N. Continue on Route 35N to Philadelphia Ave., turn west towards the bay. Arrive early - local street parking is limited.

